

GET BACK ON TRACK

WALKING CHALLENGE

LET'S GET WALKING!

JOIN BELLIN HEALTH FITNESS FOR "GET BACK ON TRACK: WALKING CHALLENGE" DURING THE ENTIRE MONTH OF SEPTEMBER . CHALLENGE YOURSELF TO TAKE AT LEAST A 10 MINUTE WALK EVERY DAY THIS MONTH AND TRACK YOUR PROGRESS!

STOP BY THE FRONT DESK FOR DETAILS AND A TRACKING CALENDAR

