bellinhealth Fitness

DRUMS FUSION CLASS

MONDAY, JUNE 20TH 5:45PM - 7:00PM

Join Janet for a special Drums Fusion Class at Bellin Fitness – Ashwaubenon!

This dynamic & fun workout combines low intensity and high intensity exercises that will help to build muscle and burn calories.

Class limited to 12 participants. \$15 per person to participate.

Registration required.

Stop at the front desk or call (920) 430-4756 to register.